

TAKEAWAY BRUNCH

TOAST ~ \$7 - white sourdough, soy + linseed sourdough
& gluten free sourdough (+\$2)
~ natural peanut butter, vegemite, strawberry jam + honey

FRUIT TOAST ~ \$8

fig + raisin w/ butter

BANANA BREAD ~ \$7

AVOCADO TOAST [gfo, v] ~ \$13

smashed avocado, feta, dukkah + lemon

BIRCHER [df, vg] ~ \$8

coconut & apple bircher, seasonal fruit + hemp granola

B+E ROLL [gfo] ~ \$13

milk bun, bacon, fried egg, cheese, aioli + relish w/ hash brown

VEGE ROLL [gfo, v] ~ \$13

milk bun, fried egg, avocado, haloumi, spinach + house relish w/ hash brown

BREAKY BURRITO [v] ~ \$14

scrambled egg, avocado, spinach, tomato, onion + aioli
+ haloumi \$5 | bacon \$5

CROISSANT \$12

HAM, CHEESE + TOMATO

AVOCADO, CHEESE + TOMATO

TAKEAWAY LUNCH

WRAPS ~ \$12

FALAFEL + AVO ~ fresh or toasted [vgo]

CHICKEN + SALAD WRAP ~ fresh or toasted

TOASTIES ~ \$12

HAM, CHEESE + TOMATO RELISH

CHICKEN, CHEESE, SPINACH + AIOLI

BURGERS ~ \$20

served with rosemary truffle fries

CHICKEN [gfo]

milk bun, buttermilk chicken, cheese, lettuce, pickled onion + chipotle aioli

BEEF

milk bun, ground beef patty, bacon, cheese, grilled pineapple + chipotle aioli

BOWLS

DRUNKEN SAILOR [df] ~ \$22

gin cured salmon, soba noodles, cucumber, avocado, edamame, pickled ginger + sesame seed

DROP A BEET [gf, v] ~ \$17

roasted beetroot salad, feta, dried apricot, cherry tomato, leafy greens, hazelnuts + pomegranate molasses

+ haloumi \$5 | chicken \$6 | gin cured salmon \$8

SMALL EATS + KIDS

kids cheeseburger w/ chips ~ \$14

rosemary truffle fries ~ \$8

TAKEAWAY DRINKS

SMOOTHIE

CLASSIC - milk, coco yoghurt + honey \$8
- mango, banana or mixed berry
+ almond, oat, soy \$1 | protein \$1

BAG GIRL RI RI [df, vg] \$10
mango, banana, turmeric, vanilla
protein, coco yoghurt, coconut water

FRUITY FLEXIA [df, vg] \$10
mixed berry, banana, vanilla protein,
coco yoghurt, oat milk

COLD PRESSED JUICES

ORANGE JUICE \$8

MR BRIGHTSIDE \$8
mandarin, apple, pineapple,
passionfruit, lemon, lime

BLAZE IT \$8
beetroot, carrot, mandarin, ginger,
blackberry, lime

THE INFLUENCER \$8
apple, spinach, cucumber, celery,
kale, parsley

TEA

\$4.5
english breakfast
earl grey
green
peppermint
lemongrass + ginger
chamomile

COFFEE etc.

RIBBON GANG ~ fish river roasters \$4
extra shot | decaf | caramel 50c
almond | oat | soy 50c
large \$1

HOT CHOC \$4

CHAI LATTE \$4
dirty 50c

PRANA CHAI TEA \$7
brewed sticky chai blended with black
tea, whole spices, ginger root + honey

TUMERIC LATTE \$5

MATCHA LATTE \$5

CHILLED

ICED LATTE \$5
+ icecream \$1
almond | oat | soy | maca \$1

COLD BREW COFFEE \$6
+ coconut water 50c

ICED CHOCOLATE \$6

ICED CHAI \$5

ICED MATCHA \$6

MILKSHAKE / KIDS SHAKE \$6 / \$4
- caramel, chocolate, chai,
strawberry or vanilla